

BSc (Hons)

Health and Social Care

Key Features

- Develop your passion for helping others
- Explore care management skills for diverse health conditions and social circumstances
- Further your knowledge of complexities within healthcare institutions and the sector

UCAS codes	3 years - L500 4 years foundation - L501
Full course info	london.aru.ac.uk/courses
Fees per annum	Home: £9,790
2026-2027:	International: £17,500
Location	London



About this course

Employers from the healthcare sector have been directly involved in the design of this course. Collaborations with these sector partners are used to explore those skill sets that employers are most interested in and to constantly ensure they are embedded within the delivery of the course. You will also benefit from lecturers who have significant industry experience.

Our location in London, with world-class private and public healthcare, boasts more than 90 NHS hospitals and a host of private hospitals and social care organisations, offering you unrivalled opportunities in the sector.

This course will provide you with a range of opportunities to develop the attitudes, abilities and competencies needed to work in a health and social care environment, both home and abroad. Today's health and social care organisations are exciting, complex, and varied.

Therefore, successful practitioners need to be innovative and resilient. This course will offer you opportunities to use real-life case studies that draw on prioritisation, negotiation, and care planning skills. You will graduate with a solid sectoral awareness and sound understanding of the interplay between health and social circumstances. This should enable you to take advantage of the many jobs skills that draw on these, and any entrepreneurial opportunities that the sector offers.

Modules

Foundation Year

- Research Skills
- Professional Communication in Health and Social Care
- Data Skills
- Personal and Professional Development in Health and Social Care

Year 1

- Fundamentals of Human Anatomy and Physiology
- Academic and Professional Skills
- The Health and Social Care Professional
- Health and Safety in Care Settings

Year 2

- Lifecycle Development
- Principles and Practice of Safeguarding
- Mental Health and Wellbeing
- Health Promotion
- Sustainability in Career Development

Year 3

- Contemporary Issues in Healthcare
- Comparative Healthcare Systems
- Leadership and Change Management
- Undergraduate Major Project (Healthcare)

Careers

Graduates who can demonstrate an in-depth knowledge of relevant healthcare and business concepts and first-hand experience in the sector in the sector will be in great demand.

We also offer an MBA in Health and Social Care for postgraduate study, to further your knowledge in the field and enhance your pursuit of a career in health and/or social care.

Career routes

- Assistant practitioner e.g. Occupational Therapy Assistant
- Physician Associate (Further training in biological / biomedical sciences required)
- Psychological Wellbeing Practitioner
- Primary Care Graduate Mental Health Worker
- Health Promotion Specialist
- Community Development Worker
- Education Welfare Officer